



Board of Directors

Meeting Agenda

May 9th, 2024

**Board of Directors Members Present
in Person:**

Members Present via MS Teams:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

1. **Call to Order and Introductions** – Chair
2. **Tribal Acknowledgement** – Chair
[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)
3. **Revisions to the Agenda** – Chair
4. **Approval of the April 11th, 2024, Minutes, Motion #24-21** – Chair.... Attachment
5. **Comments & Announcements from the Chair** - Chair
6. **Reports from Members** - Chair
7. **Comments from the Public** - Chair
8. **Report from the Advisory Board** Attachment
Kara Allen, Advisory Board Chair
9. **Report from the Finance Officer** Attachments
Margaret Rojas, Assistant Director
10. **Report from the Governance Operations Committee** - Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Motion #24-22

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2024, through April 30th, 2024, in the amount of \$2,567,902.71.
- Payroll for the month of April in the amount of \$198,383.54 and associated employer benefits in the amount of \$98,225.58.

11. Action Items – JanRose Ottaway Martin and Lisa Hudspeth, Contracts Manager

For Board Approval

Department of Commerce (DOC) Community Behavioral Health Rental Assistance (CBRA)

- DOC contacted North Sound BH-ASO on whether our CBRA providers could use additional rental assistance funds in the amount of \$110,000.00. The funds must be expended by June 30, 2024.
- The funding will be held for payment to the CBRA providers who need additional one-time rental assistance funding prior to June 30, 2024.

Motion #24-23

DOC-NS BH ASO-24-16409-002 Amendment A to provide additional funding for rental assistance in the North Sound Regional Service Area. The term of this contract expires on June 30, 2024.

12. Introduction Items

Lisa Hudspeth, Contracts Manager

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2024, through December 31, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment

under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority (HCA)

- HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant funds for the period of July 1, 2024, through June 30, 2025, and for ARPA funds utilization through September 30, 2025.
 - GF-S funding is stable from the previous contract period.
 - Youth Behavioral Health Navigator Program is added in the amount of \$ with program implementation in 2025.
 - 6-month allocation - \$
 - SABG 12-month allocation - \$
 - MHBG 12-month allocation - \$
 - ARPA (7/1/23-9/30/25) allocation - \$

Motion #

HCA-NS BH-ASO-K-6897-03 providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant Funding for the period of July 1, 2024, through June 30, 2025, and ARPA through September 30, 2025.

HCA - Housing and Recovery through Peer Services (HARPS)

- K-6914 Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$707,380.00.

Motion #

HCA-NS BH ASO-K-6914-01 providing HARPS funding for the period of July 1, 2024, through June 30, 2025.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
 - Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
 - Program for Assertive Community Treatment (PACT) services and continuing the reserve funds in the amount of \$20,900.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - 6-month allocation - \$20,900.00
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$315,938.56
- Volunteers of America
 - Toll Free Crisis Hotline
 - Crisis Follow-up Services
 - 6-month allocation - \$33,333
- Telecare
 - Evaluation and Treatment Services
 - E&T Discharge Planners
 - 6-month allocation - \$43,368
- Lifeline Connections

- PACT services and continuing the reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
- HARPS team and Skagit & Whatcom rental subsidies
 - 12-month allocation - \$681,380
- Snohomish County Superior Court
 - Juvenile Treatment Services
 - AOT /Recovery Support Court Coordinator (new service)
 - 6-month allocation - \$56,720
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$60,875.70
- San Juan County
 - Proviso Funding-, Designated Cannabis Account
 - 6-month allocation - \$35,489.00
- Skagit County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$111,015.70
- Whatcom County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$104,295.10

Motion

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic

one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
 - 6-month allocation - \$76,260.00
- Evergreen Recovery Centers
 - PPW Housing Support Services
 - 6-month allocation - \$129,750.00
- Catholic Community Services
 - PPW Housing Support Services
 - 6-month allocation - \$75,000.00
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
 - 6-month allocation - \$42,222.00
- didgwálic Wellness Center
 - Opiate Outreach
 - 6-month allocation - \$25,000
- Island County
 - Opiate Outreach, HARPS subsidies
 - 6-month allocation - \$158,561.00
- Community Action of Skagit County
 - Opiate Outreach
 - 6-month allocation - \$123,043.00
- Snohomish County
 - Opiate Outreach
 - 6-month allocation - \$77,500.00
- Whatcom County
 - Opiate Outreach
 - 6-month allocation - \$203,114.00
- Lifeline Connections
 - Peer Pathfinder Transition from Incarceration
 - 12-month allocation - \$71,020
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

- 6-month allocation - \$138,526

Motion

NS BH-ASO-Brigid Collins-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO- DIDG^wÁLIČ WELLNESS CENTER-ICN-24 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

GF-S/SABG/MHBG Services within Available Resources

- City of Mount Vernon
 - Co-Responder project
 - 12-month allocation – \$260,000
- Compass Health
 - SUD outpatient services in San Juan County (FFS)
 - Whatcom County Triage

- 6-month allocation - \$500,000
- Conquer
 - Assisted Outpatient Treatment (AOT) in Snohomish County
 - 6-month allocation - \$451,497
- Evergreen Recovery Centers
 - Withdrawal Management Services (FFS)
 - Mental Health Infant Specialist
 - 6- month allocation - \$50,000
 - Homeless Outreach and Stabilization Team (HOST)
 - 12-month allocation - \$1,239,966
- Island County
 - Co-Responder project
 - 6-month allocation - \$151,500.00
- Lake Whatcom Center
 - PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Mental Health outpatient services (FFS)
 - Substance Use outpatient services (FFS)
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - 6-month allocation - \$550,000
- Snohomish County
 - Co-Responder project
 - 6-month allocation - \$60,446.00
- Whatcom County
 - Co-responder project
 - 6-month allocation - \$216,379.00

Motion

NS BH-ASO-City of Mount Vernon-ICN-22 Amendment 3 to provide funding to continue co-responder services in the city of Mount Vernon. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic

one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Recovery Navigator Program (RNP)

- The RNP program is receiving their annual allocation in the following amounts:
 - Island County - 12-month allocation \$528,855.00
 - San Juan County (Compass Health) - 12-month allocation \$528,855.00
 - Skagit County (Community Action of Skagit County) - 12-month allocation \$528,855.00
 - Snohomish County - 12-month allocation \$645,000.00
 - Whatcom County - 12-month allocation \$512,455.000

- The RNP reserve funding will be renewed every 12 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
 - Island County - 12-month allocation \$232,500
 - San Juan County (Compass Health) - 12-month allocation \$375,000
 - Skagit County (Community Action of Skagit County) - 12-month allocation \$110,000.00
 - Snohomish County - Total Request 12-month allocation \$223,500
 - Whatcom County - Total Request 12-month allocation \$204,000

Motion#

North Sound BH-ASO-Island County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment for the provision of RNP services and adding reserve funds to enhance RNP services in Snohomish County. The contract term is

January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Department of Commerce – Community Behavioral Health Rental Assistance (CBRA)

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor’s Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.
 - Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance and case management services in Snohomish County.
 - 12-month allocation \$636,745.00.
 - Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance and case management and Snohomish County.
 - 12-month allocation \$867,962.00.
 - Lifeline Connections provides CBRA, Governor’s Housing Initiative & Proviso 86 rental assistance case management services in Skagit and Whatcom County.
 - 12-month allocation \$484,707.00.
 - Lake Whatcom Center provides CBRA, Governor’s Housing Initiative & Proviso 86 rental assistance and case management services in Whatcom County.
 - 12-month allocation \$384,724.00.
 - Pioneer Human Services provides CBRA & Proviso 86 rental assistance and case management services in Island County.
 - 12-month allocation \$323,117.00.

Motion #

NS BH-ASO-Bridgeways-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 for the provision of CBRA rental assistance and program expenses in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

Proviso/ARPA Funds

- North Sound is exploring usage of 30% Proviso funds and American Rescue Plan Act (ARPA) funds. We are in discussion with the counties on where we can partner with one-time costs, we intend to have contracts ready for approval at the June meeting. Finalized motions will be sent to the BOD prior to the June meeting for review. The timeline for the initial use of proviso funds is short, as we must report to the legislature & HCA at the end of the calendar year.
- All counties have been asked to create a list of items that could be funded.

13. Discussion Items

JanRose Ottaway Martin, Executive Director

- Mobile Crisis Teams
 Mobile Rapid Response Crisis Team (MRRCT) Community Based Crisis Teams (CBCT): Endorsed Teams
 - Re-examining regional “lines”
 - CBCT: Impacts (?)
 - Co-responders
- Board Retreat Agenda Attachment

14. Report from the Executive Director Attachment

JanRose Ottaway Martin, Executive Director

15. Adjourn - Chair

Next Meeting: June 13th (Board Retreat)



Board of Directors

Meeting Minutes

April 11th, 2024

Board of Directors Members Present in Person:

- **Barry Buchanan**, County Council; Whatcom County (Board Chair)
- **Cammy Hart-Anderson**, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County
- **Sam Low**, County Council; Snohomish County
- **Jill Johnson**, Commissioner; Island County
- **George Kosovich**, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County
-

Members Present via MS Teams:

- **Nicole Gorle**, Legislative Analyst, Designated Alternate for Nate Nehring, County Council; Snohomish County
- **Jami Mitchell**, Human Services Manager, Designated Alternate for Cindy Wolf, County Council; San Juan County
- **Cynthia Foley**, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- **Kara Allen**, Advisory Board Chair
- **Perry Mowery**, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- **Cindy Wolf**, Council Member; San Juan County
- **Malora Christensen**, Response System Division Manager, additional Designated Alternate to Satpal Sidhu, County Executive; Whatcom County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **JanRose Ottaway-Martin**, Executive Director
- **Margaret Rojas**, Assistant Executive Director

- **Darrell Heiner**, Senior Accountant
- **Michael McAuley**, Clinical Director
- **Maria** Arreola, Sr. Administrative Assistant
- **Joanie Wenzl**, Administrative Manager, Clerk of the Board

Guests Present:

Lori Fleming

Call to Order and Introductions – Chair

The Chair called the Board of Directors Meeting to order and initiated introductions.

Tribal Acknowledgement – Chair

[Tribal Behavioral Health | North Sound BH-ASO \(insbhaso.org\)](https://www.insbhaso.org)

The Chair read the Tribal Acknowledgement.

Revisions to the Agenda – Chair

No revisions to the agenda were requested.

Approval of the March 14th, 2024, Minutes, Motion #24-13 – Chair.... Attachment

It was noted that Jami Mitchell is now an alternate for Council Member Cindy Wolf, no longer Jane Fuller. The Clerk of the Board will amend the March Minutes.

Cammy Hart-Anderson moved the motion that the March 14th, 2024, amended minutes be approved.

Jill Johnson seconded the motion, all in favor of approving the March Minutes with the requested revision, motion #24-13 carried.

Comments & Announcements from the Chair – Chair

The Chair noted that he is looking forward to the Board of Directors Retreat that is taking place in June.

Reports from Members – Chair

The Board members gave an update on the behavioral health happenings in their respective counties.

Comments from the Public – Chair

Lori Fleming was in attendance and gave a brief overview of her role with the Snohomish County Rural Behavioral Health Consortium and the related grant.

Report from the Advisory Board

Kara Allen, Advisory Board Chair

The Advisory Board Chair gave the Report from the Advisory Board's April 2nd meeting. There were no questions.

Report from the Finance Officer

Margaret Rojas, Assistant Director

Margaret Rojas gave the Report from the Finance Officer and answered questions.

Report from the Governance Operations Committee – Chair

The Chair made the comments below:

- It was decided that there would be no July Board Meeting as the board will be taking a summer break. The Clerk of the Board will send out a cancelation.
- The Retreat Agenda will be discussed during the May Meeting.
- Kara Allen and Chris Garden will be invited to the Retreat (Advisory Board Chair and Vice Chair).
- The ASO's Compensation Study is upcoming. It was decided that benefits information need not to be included.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair

Motion #24-14

To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1st, 2024, through March 31st, 2024 in the amount of \$4,293,917.03.

Payroll for the month of March in the amount of \$196,835.30 and associated employer benefits in the amount of \$98,161.63.

Sam Low moved the motion for approval, Cammy Hart-Anderson seconded, none opposed, all in favor, motion #24-14 carried.

Action Items – Margaret Rojas, Assistant Director

For Board Approval

Health Care Authority (HCA)

HCA is renewing their expansion contract for Housing and Recovery through Peer Services (HARPS) for an annual amount of \$109,996. This funding is specifically for a Substance Use Disorder Peer on the HARPS team.

Motion #24-15

- To approve HCA-NS BH-ASO-K6751 Amendment 1 for the purpose of extending the contract for one year with funding in the amount of \$109,996. The term of the contract is March 15, 2023, through March 14, 2025.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, no discussion, none opposed, no abstentions, all in favor, motion #24-15 carried.

Lifeline Connections

This is the downstream contract for the SUD Peer on the Lifeline Connections HARPS team. The funding of \$109,996 pays for the full-time SUD Peer on the Lifeline HARPS team.

Motion #24-16

- To approve NS BH-ASO-Lifeline Connections- FBG-23 Amendment 2 for the purpose of providing \$109,996 in HARPS Extension funds. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2025, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, discussion followed, none opposed, no abstentions, all in favor, motion #24-16 carried.

Jail Transition Services

Proviso reserve funds are being allocated to jail transition programs for one-time expenditures. Total funds available: \$183,768 of Jail Transition and \$66,628 will be allocated from General Funds-State reserves.

- Island County \$21,000
- Skagit County \$127,500
- Whatcom County \$101,896

Motion #24-17

- NS BH-ASO-Island County-ICN-23 Amendment 4 to provide additional funds for jail transition services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23 Amendment 3 to provide additional funds for jail transition services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 3 to provide additional funding for jail transition services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Sam Low seconded, no discussion, none opposed, no abstentions, all in favor, motion #24-17 carried.

Dedicated Cannabis Account

Proviso reserve funds are being allocated to Snohomish County Human Services. Total funds available: \$287,275 in Dedicate Cannabis Account and \$32,725 will be allocated in General Fund-State reserves.

- Snohomish County \$320,000

Motion #24-18

- NS BH-ASO-Snohomish County-ICCN-23 Amendment 4 to provide the funding Dedicated Cannabis Account services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Discussion took place regarding this motion. Jill Johnson moved the motion for approval, Barry Buchanan seconded, none opposed, all in favor, motion #24-18 carried.

Opioid Outreach

Community Action of Skagit County provides opioid outreach in Skagit County and will receive an increase of \$66,086 annually. The funding will add an additional outreach specialist to the team. The funding is ARPA Substance Abuse Block Grant funds, sustainability of the position will be evaluated during the next 12-months.

Motion #24-19

- NS BH-ASO-CASC-ICN-23 Amendment 3 to provide additional funding for Opioid Outreach services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, George Kosovich seconded, none opposed, no abstentions, all in favor, motion #24-19 carried.

Consejo Counseling and Referral Service

Consejo requested one-time funds for BIPOC recruitment costs in the amount of \$50,000 and support for an annual youth behavioral health and leadership conference, taking place later this spring. Skagit County Public Health is providing additional support. The amount for conference support is \$5,000. The fund allocation is from General Fund-State reserves.

Motion #24-20

- NS BH-ASO-Consejo-ICN-21-23 Amendment 2 to provide funding for recruitment and a regional youth conference under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, discussion followed, none opposed, no abstentions, all in favor, motion #24-20 carried.

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

JanRose gave the Report from the Executive Director and spoke to the following topics:

- Weekly Crisis Metrics Report
- Senate Bill 6251 (and preliminary planning for stakeholder groups)
- Preliminary Planning for Endorsed Mobile Rapid Response Crisis Team (MRRCT) Community Based Crisis Teams (CBCT)
- Youth Navigator Team
- Update on Managed Care Organizations Negotiations

Adjourn 2:54 p.m.

Next Meeting: May 9th, 2024



Advisory Board Brief

May 8, 2024

The Advisory Board met on May 7, and the following items were discussed:

— Advisory Board

- The draft Federal Block Grants were introduced. Approval will be made during the June meeting.
- Annual review of the Advisory Board policies was made. All were approved with minor revisions.
- A vote occurred for Fred Plappert, Snohomish County membership. All were in favor.

— Executive Director

- The Executive Director reported on A&A Residential Program, Potential New Whatcom Facility and the Jail Modernization Taskforce.
- The Action Items were passed and recommended to the Board of Directors.

— Finance/Executive Committee

- The April Expenditures were passed and recommended to the Board of Directors for approval.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2024***

<u>REVENUES</u>	YTD 2024 Totals	YTD 2024 Medicaid	YTD 2024 State	YTD 2024 MHBG	YTD 2024 SABG	YTD 2024 HRSA
Intergovernmental Revenues						
HRSA	160,721					160,721
MHBG	688,413			688,413		
SABG	1,624,791				1,624,791	
State Funds	13,004,126		13,004,126			
Medicaid (MCO)	3,587,634	3,587,634				
Total Intergovernmental Revenues	19,065,684	3,587,634	13,004,126	688,413	1,624,791	160,721
Misc. Revenue **	0		0			
Interest Revenue	130,841		130,841			
TOTAL REVENUES	\$ 19,196,526	\$ 3,587,634	\$ 13,134,967	\$ 688,413	\$ 1,624,791	\$ 160,721

<u>EXPENDITURES</u>						
Inpatient Treatment	\$ 423,110		\$ 423,110			
ITA Judicial	626,472		626,472			
Crisis Services	6,644,892	3,477,451	2,894,975		272,467	
Crisis Teams - Children & Youth	378,300		378,300			
Co-Responder	496,580			254,149	242,430	
MH Crisis Stabilization	433,392		134,145	299,247		
E&T Services	198,431		198,431			
E&T Discharge Planner	128,840		128,840			
Jail Services	112,657		112,657			
PACT Services	396,482		396,482			
Assisted Outpatient Treatment	74,249		74,249			
Trueblood	86,540		86,540			
BH Enhancement Funds	278,934		278,934			
HOST	413,322		413,322			
SnoCo Crisis Start up 32-Bed	2,217					
Peer Bridger	95,963			95,963		
MHBG Expenditures ***	243,875			243,875		
HARPS Housing	348,874		348,874			
DOC Housing	431,461		431,461			
DMA County Contracts	159,067		159,067			
Recovery Navigator	1,113,485		1,113,485			
Opiate Dependency Outreach	363,081				363,081	
PPW Housing Support Services	128,530				128,530	
SABG Expenditures ****	349,201				349,201	
Withdrawal Management	754,707		397,235		357,472	
HRSA	141,140					141,140
Juvenile Drug Court	54,956		54,956			
Other MH Services *****	352,752		352,752			
Other SUD Services	224,208		224,208			
Advisory Board	661		661			
Subtotal - Services	15,456,379	3,477,451	9,229,156	893,234	1,713,181	141,140
Administration	1,499,001	337,253	1,147,845			13,688
TOTAL EXPENDITURES	\$ 16,955,380	\$ 3,814,703	\$ 10,377,002	\$ 893,234	\$ 1,713,181	\$ 154,829
Net Income	\$ 2,241,145	\$ (227,069)	\$ 2,757,966	\$ (204,822)	\$ (88,389)	\$ 5,892
Beginning Fund Balance 12/31/23	18,447,793	(378,487)	19,730,208	(194,477)	(595,749)	(113,702)
Ending Fund Balance	20,688,938	(605,556)	22,488,174	(399,299)	(684,138)	(107,810)
Flexible GFS balance at 12/31/23			8,772,415			

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.
 ** Room Rental Fees, Tribal Conference, Salish Contract
 *** Includes COVID, PATH and other FBG services. Does not include Crisis or E&T
 **** Includes Peer Pathfinder and other SABG expenses. Does not include Crisis
 ***** Includes CORS, FYSPT, Outpatient Services, PATH match

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2024*
BUDGET TO ACTUALS**

<u>REVENUES</u>	YTD		YTD	Variance
	2024	2024	2024	Favorable
	Budget	Budget	Actual	(Unfavorable)
Intergovernmental Revenues				
HRSA	\$ 222,222	74,074	160,721	86,647
MHBG	2,782,396	927,465	688,413	(239,053)
SABG	3,783,126	1,261,042	1,624,791	363,749
State Funds	34,260,149	11,420,050	13,004,126	1,584,076
Medicaid (MCO)	10,700,043	3,566,681	3,587,634	20,953
Total Intergovernmental Revenues	51,747,936	17,249,312	19,065,684	1,816,372
Misc. Revenue **	0	0	0	-
Interest Revenue	310,444	103,481	130,841	27,360
TOTAL REVENUES	\$ 52,058,380	\$ 17,352,793	\$ 19,196,526	\$ 1,843,732
<u>EXPENDITURES</u>				
Inpatient Treatment	\$ 1,400,000	466,667	\$ 423,110	43,557
ITA Judicial	2,924,898	974,966	626,472	348,494
Crisis Services	17,467,380	5,822,460	6,644,892	(822,432) A late billi
Crisis Teams - Children & Youth	2,034,097	678,032	378,300	299,733
Co-Responder	2,060,000	686,667	496,580	190,087
MH Crisis Stabilization	1,550,000	516,667	433,392	83,275
E&T Services	941,148	313,716	198,431	115,285
E&T Discharge Planner	229,794	76,598	128,840	(52,242) Some back
Jail Services	367,536	122,512	112,657	9,855
PACT Services	1,032,564	344,188	396,482	(52,294) Extra old p
Assisted Outpatient Treatment	1,139,838	379,946	74,249	305,697
Trueblood	223,944	74,648	86,540	(11,892)
BH Enhancement Funds	779,188	259,729	278,934	(19,205)
HOST	1,239,966	413,322	413,322	-
SnoCo Crisis Start up 32-Bed	1,100,000	366,667	2,217	364,449
Peer Bridger	303,529	101,176	95,963	5,214
MHBG Expenditures ***	1,168,699	389,566	243,875	145,691
HARPS Housing	817,376	272,459	348,874	(76,415)
DOC Housing	1,501,830	500,610	431,461	69,149
DCA County Contracts	581,292	193,764	159,067	34,697
Recovery Navigator	2,541,340	847,113	1,113,485	(266,371) Some late
Opiate Dependency Outreach	816,632	272,211	363,081	(90,871)
PPW Housing Support Services	400,000	133,333	128,530	4,803
SABG Expenditures ****	1,129,248	376,416	349,201	27,215
Withdrawal Management	2,083,993	694,664	754,707	(60,042) Pioneer pr
HRSA	200,944	66,981	141,140	(74,159)
Juvenile Drug Court	139,800	46,600	54,956	(8,356)
Other MH Services *****	938,008	312,669	352,752	(40,083)
Other SUD Services	943,722	314,574	224,208	90,366
Advisory Board	19,996	6,665	661	6,004
Subtotal - Services	48,076,762	16,025,587	15,456,379	569,208
Administration	5,081,618	1,693,873	1,499,001	194,871
TOTAL EXPENDITURES	\$ 53,158,380	\$ 17,719,460	\$ 16,955,380	\$ 764,080

Excess of Revenues Over (Under) Expenditure. \$ 2,241,145

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* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

**** Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

***** Includes CORS, FYSPT, Outpatient Services, PATH match

NORTH SOUND BH-ASO
Warrants Paid
April 2024

Type	Date	Num	Name	Amount
Bill Pmt -Check	04/05/2024	579185	Brigid Collins	-9,764.05
Bill Pmt -Check	04/05/2024	579314	Dixon, James-Reim	-200.00
Bill Pmt -Check	04/05/2024	579493	Haggen/Safeway	-43.65
Bill Pmt -Check	04/05/2024	579298	Harborview Medical Center	-23,111.34
Bill Pmt -Check	04/05/2024	579310	Island County Human Services	-101,922.20
Bill Pmt -Check	04/05/2024	579375	Lake Whatcom Center	-61,262.92
Bill Pmt -Check	04/05/2024	579381	Lifeline Connections	-43,332.00
Bill Pmt -Check	04/05/2024	579440	Office Depot	-90.68
Bill Pmt -Check	04/05/2024	579445	Opportunity Council	-10,679.70
Bill Pmt -Check	04/05/2024	579319	Ottaway Martin JanRose	-484.06
Bill Pmt -Check	04/05/2024	579466	Pioneer Center	-43,210.87
Bill Pmt -Check	04/05/2024	579518	Skagit County Public Health	-33,761.36
Bill Pmt -Check	04/05/2024	579528	Snohomish Co Human Services	-189,749.56
Bill Pmt -Check	04/05/2024	579532	Spokane County BHO	-1,730.00
Bill Pmt -Check	04/05/2024	579548	Telecare Corporation	-16,143.24
Bill Pmt -Check	04/05/2024	579607	Triumph Treatment Services	-31,920.00
Bill Pmt -Check	04/05/2024	579588	Volunteers of America	-286,793.91
Bill Pmt -Check	04/05/2024	579595	Whatcom Co Superior Court	-10,792.00
Bill Pmt -Check	04/05/2024	579596	Whatcom County Health Department	-48,810.08
Bill Pmt -Check	04/12/2024	579673	American Behavioral Health Systems, I	-46,279.60
Bill Pmt -Check	04/12/2024	579685	Bellard, Bret MD	-2,880.00
Bill Pmt -Check	04/12/2024	579702	Consejo Counseling	-21,511.40
Bill Pmt -Check	04/12/2024	579737	Frontline Cleaning Services LLC	-445.00
Bill Pmt -Check	04/12/2024	579790	Lifeline Connections	-2,551.73
Bill Pmt -Check	04/12/2024	579872	Snohomish Co Human Services	-404,675.83
Bill Pmt -Check	04/12/2024	579873	Snohomish Co Juvenile	-12,803.93
Bill Pmt -Check	04/12/2024	579926	Triumph Treatment Services	-15,120.00
Bill Pmt -Check	04/12/2024	579915	Wave Business	-601.20
Bill Pmt -Check	04/12/2024	579918	Whatcom County Health Department	-103,109.11
Bill Pmt -Check	04/19/2024	579947	Access	-458.33
Bill Pmt -Check	04/19/2024	579998	Comcast	-228.31
Bill Pmt -Check	04/19/2024	579999	Commercial Alarm and Detection Inc	-106.08
Bill Pmt -Check	04/19/2024	580001	Compass Health	-15,434.42
Bill Pmt -Check	04/19/2024	580003	Consejo Counseling	-7,176.42
Bill Pmt -Check	04/19/2024	580248	Culligan NW	-49.71
Bill Pmt -Check	04/19/2024	580241	Department of Retirement Services	-25.00
Bill Pmt -Check	04/19/2024	580035	Firstline Communications (All Phase)	-1,134.87
Bill Pmt -Check	04/19/2024	580077	Joyce L Sobel Family Resource Center	-7,717.62
Bill Pmt -Check	04/19/2024	580089	Lake Whatcom Center	-17,542.98
Bill Pmt -Check	04/19/2024	580097	Lifeline Connections	-14,290.00
Bill Pmt -Check	04/19/2024	580198	Maharaj-Lewis, Starleen	-435.00
Bill Pmt -Check	04/19/2024	580150	Skagit Valley Hospital	-6,922.51
Bill Pmt -Check	04/19/2024	580197	SRS Property Management	-11,618.98
Bill Pmt -Check	04/19/2024	580207	T-Mobil	-897.11
Bill Pmt -Check	04/19/2024	580217	Therapeutic Health Services	-20,186.46
Bill Pmt -Check	04/19/2024	580260	Triumph Treatment Services	-21,600.00
Bill Pmt -Check	04/19/2024	580255	Whatcom Co Superior Court	-14,768.00
Bill Pmt -Check	04/26/2024	580342	Brigid Collins	-10,287.93
Bill Pmt -Check	04/26/2024	580361	City of Mt Vernon	-65,147.71
Bill Pmt -Check	04/26/2024	580371	Community Action of Skagit Co	-65,742.52
Bill Pmt -Check	04/26/2024	580372	Compass Health	-292,067.60
Bill Pmt -Check	04/26/2024	580374	Consejo Counseling	-15,350.83
Bill Pmt -Check	04/26/2024	580402	Evergreen Recovery	-166,924.67
Bill Pmt -Check	04/26/2024	580332	Fairfax Hospital	-21,368.70
Bill Pmt -Check	04/26/2024	580458	Lifeline Connections	-89,587.73
Bill Pmt -Check	04/26/2024	580478	Mount Baker Presbyterian Church	-7,957.93
Bill Pmt -Check	04/26/2024	580483	New Earth Recovery-Recovery Cafe SI	-24,058.78
Bill Pmt -Check	04/26/2024	580489	NW ESD 189	-7,937.24
Bill Pmt -Check	04/26/2024	580507	Pioneer Center	-98,336.18
Bill Pmt -Check	04/26/2024	580511	Providence-Everett	-19,670.08
Bill Pmt -Check	04/26/2024	580519	RI International	-2,217.44
Bill Pmt -Check	04/26/2024	580527	San Juan County Health & Comm. Ser	-4,981.92
Bill Pmt -Check	04/26/2024	580315	US Bank	-8,394.23
Bill Pmt -Check	04/29/2024	IGT	Skagit County Auditor	-3,500.00
				-2,567,902.71
				-2,567,902.71
				-2,567,902.71



Board of Directors Retreat Agenda

June 13th, 2024 (10-3 p.m.)

Timeframe	Topic
10:00 – 10:15	Welcome and Introductions
10:00 – 10:30	Current State <ul style="list-style-type: none"> • What does the BHASO do? (per contracts, RCW) • What is out of the BHASO’s purview? (Things we used to do, things we don’t do, reality setting) • Acknowledgement around fund balance <i>Attachments: HCA BHASO Fact Sheet, BHASO budget</i>
10:30 – 11:00	2023 Strategic Plan: How did we do? <i>Attachment: 2023 Strategic Plan Accomplishments</i>
11:00 – 12:00	Behavioral Health Gap Analysis
12:00 – 12:30	Lunch
12:30 – 1:00	Normal BOD business and Where can we go? <ul style="list-style-type: none"> • Motions • AB Retreat Summary
1:00-1:30	<ul style="list-style-type: none"> • Behavioral Health Agency (BHA) status and direct services • Department of Commerce grants/Buildings/Diversification • Training (Coaching people on how to talk to BH providers) • Regional behavioral health marketing strategy • Training <ul style="list-style-type: none"> ○ Community: (Coaching families on how to talk to BH providers/request services/find services) ○ Behavioral health clinicians <ul style="list-style-type: none"> ▪ Potential movement in this direction at the state-level to assign this role to BHASOs in the future for Learning Collaboratives <i>Attachments: Motions, What do other BHASOs do?</i>
1:30 – 2:30	2024-2025 Strategic Plan <ul style="list-style-type: none"> • Priorities
2:30 – 3:00	Wrap Up

Commented [JO1]: HCA BHASO Fact sheet: [Behavioral Health - Administrative Service Organizations \(BH-ASO\) \(wa.gov\)](https://www.wa.gov)



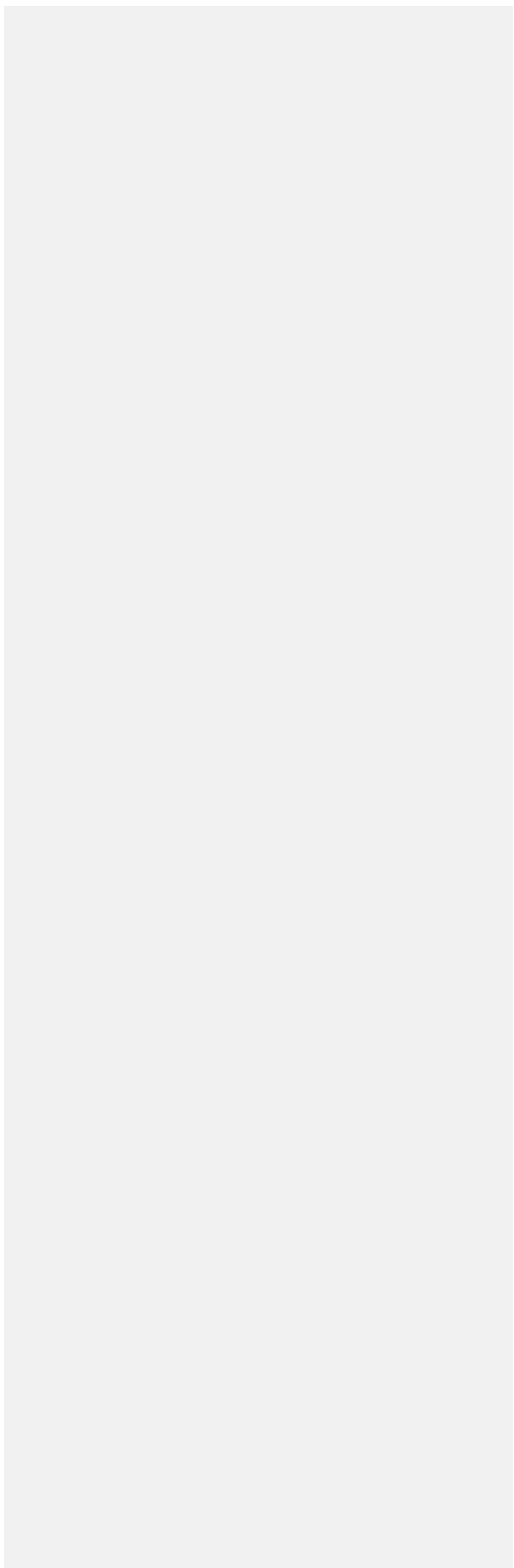
Board of Directors Retreat Agenda

June 13th, 2024 (10-3 p.m.)

*Large Post it notes for “parking lot”

*Large Post it notes for “Legislative Priorities”

DRAFT





Director's Report

May 3rd, 2024

Weekly Crisis Metrics Report: See attached.

A&A Residential Program

Met with the Whatcom team to discuss the current status of A&A residential program planning. At this time, meetings occurred with Health Care Authority (HCA) and the Governor's Office to discuss what was discovered so far and identify potential pathways forward.

It seems like both offices are open to the idea of a Regional Recommendation (potentially for the legislative session) on how to move forward with a program like A&A.

Upcoming meetings are being scheduled with HCA staff who specialize in the Institution for Mental Diseases (IMD) rules to understand potential flexibility on that front as well as Department of Social and Health Services (DSHS) Office of Forensic Mental Health Services and the Behavioral Health Agency for potential subject matter expertise and recommendations. (This issue is connected to the subject matter in the next section as well.)

Potential New Whatcom Facility

The Governor's office has provided funding for an initial planning effort led by DSHS on a new facility model for WA state. Currently, the group conducting the initial planning to put forward a recommendation have indicated there is interest in creating three facilities with the same model in Spokane, Clark, and Whatcom County. If this model moves forward, the recommendation will include multiple types of behavioral health crisis services in one location with a police/emergency responder drop off option. Also under discussion are potential options for competency restoration and transitional housing.

A couple of major themes that were discussed in an initial interview included whether such a facility could be utilized at a regional level (not county specific) and if there are housing options for clients if they were to stay in the facility for 15 to 90 days.

We discussed level-setting on housing opportunities throughout Washington State (not just our region) but also discussed the A&A model we are currently exploring with other state partners. The state teams on this call were extremely interested in how both models may be able to work together and are meeting with us next week to get more information.

I am working with the team of people managing the planning to see if time could be dedicated to meeting with the ASO and Whatcom staff members one time before finalizing their recommendations.



Jail Modernization Taskforce

I have been selected to represent the BHASOs on a Jail Modernization Taskforce which was authorized via legislative proviso to discuss and provide eventual recommendations that address (at least) the following issues:

- (a) Employee retention issues and potential solutions;
- (b) The impact of overtime, jail atmosphere, emergency response time, and inexperienced corrections officers, and how to overcome these challenges;
- (c) The type of facility needed to house those with behavioral health needs and associated costs of these facilities;
- (d) Available diversion programs and their costs;
- (e) Types of existing behavioral health facilities for those involved in the criminal justice system, the costs of building and running these facilities, how these facilities vary by location, the viability of offering facilities in every county, and potential system improvements to the types of services and supports offered and delivered to those with behavioral health needs;
- (f) The types of services and supports provided to those exiting the jail system; and
- (g) What reforms are necessary to create and enhance a seamless transition back to the community following jail confinement.

Individual meetings will occur with Task Force members between now and the middle of the year. Task Force meetings will likely start towards the end of 2024, early 2025, with recommendations potentially due by the end of year 2025.

Team Monitoring

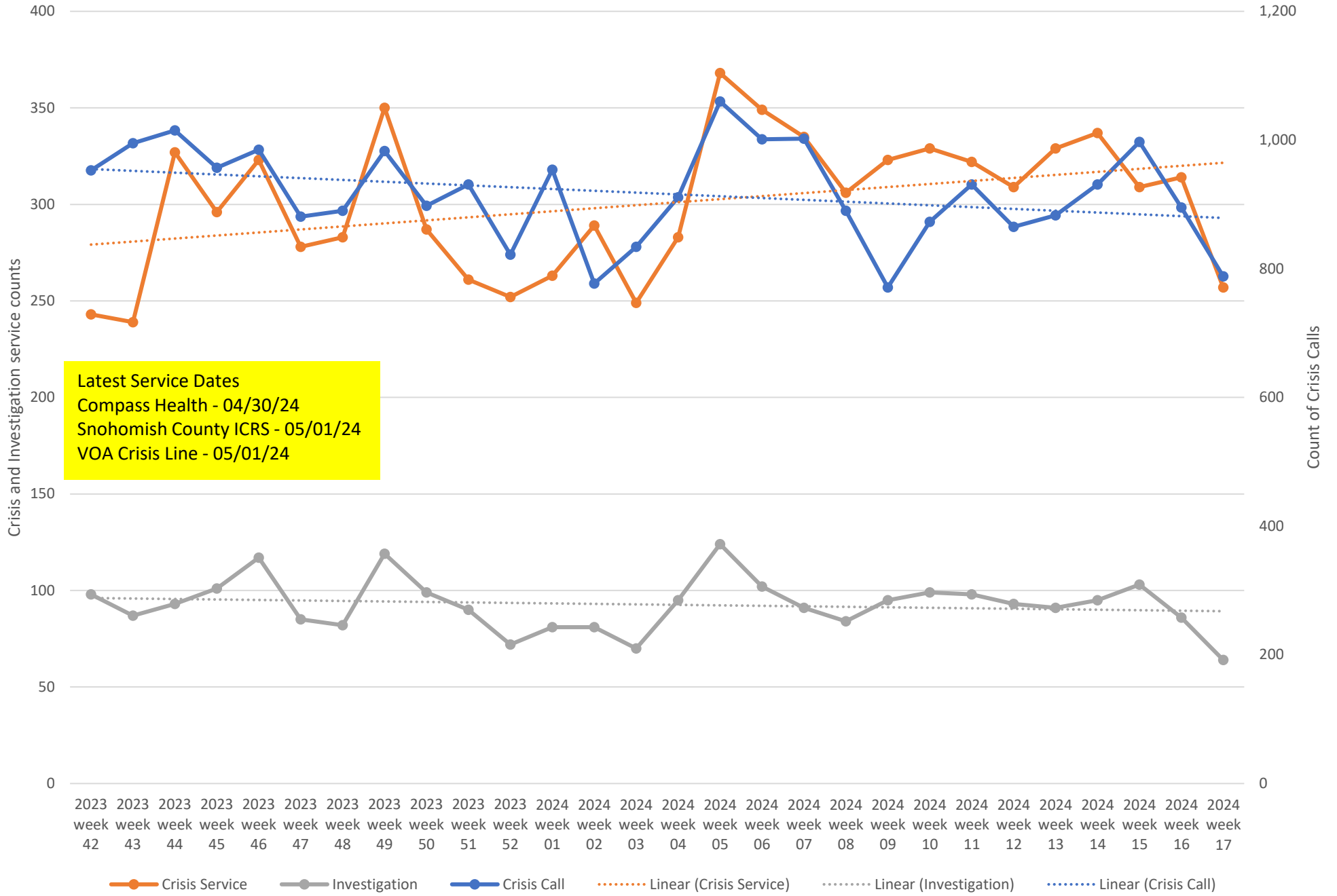
North Sound has started the process of preparing our responses to our annual HCA review. Responses are due to the HCA on June 4th.



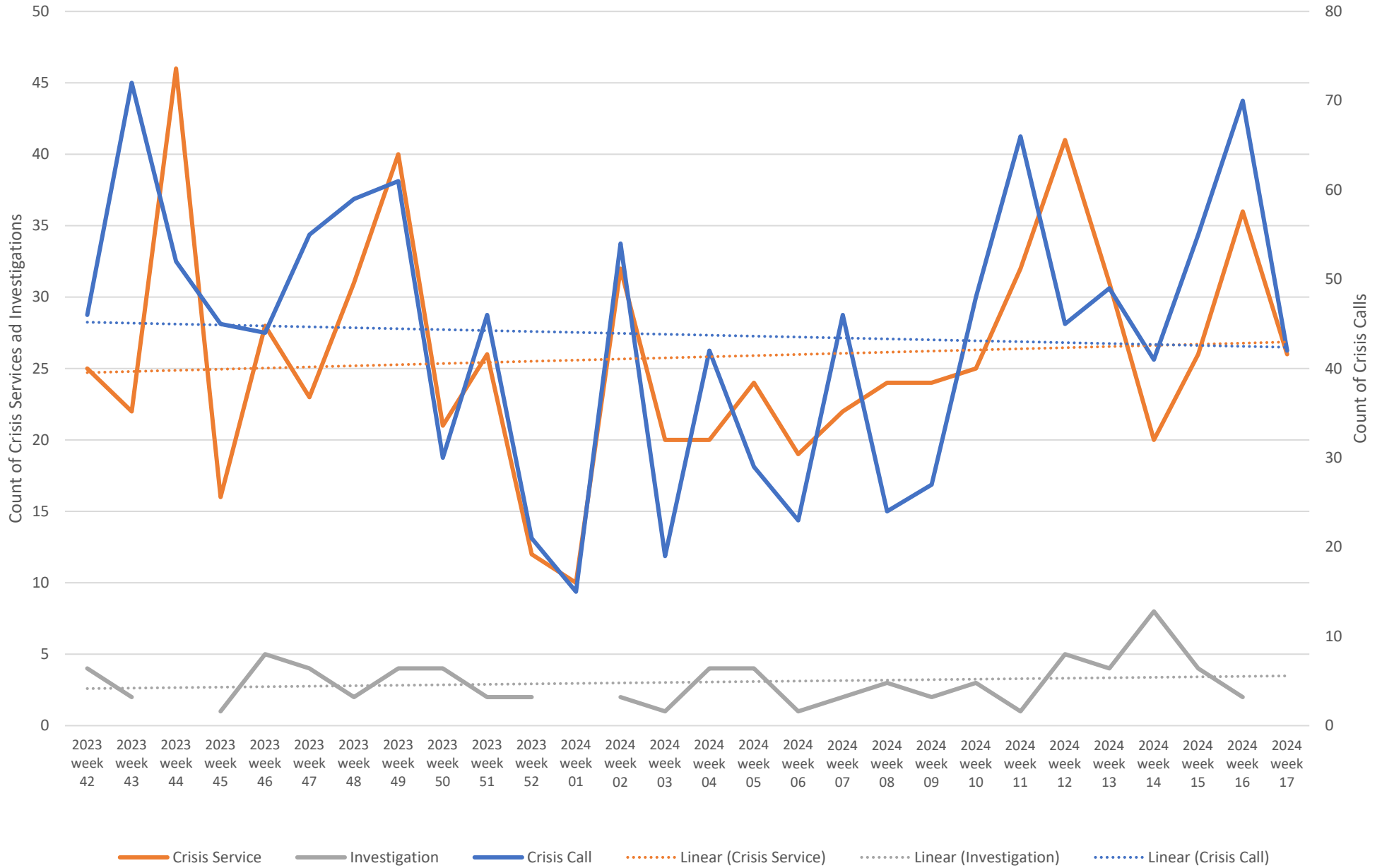
Weekly Crisis Capacity Indicator Snapshot

Page 2	Crisis Data - dates 10/15/23 to 04/27/24
Page 3	Crisis Data: Ages 0-17 - dates 10/15/23 to 04/27/24
Page 4	All DCR Dispatches - dates 10/15/23 to 04/27/24
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 10/15/23 to 04/27/24
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 10/15/23 to 04/27/24
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average
Page 13	North Sound BH ASO Walkaway Chart 10/15/23 to 04/27/24

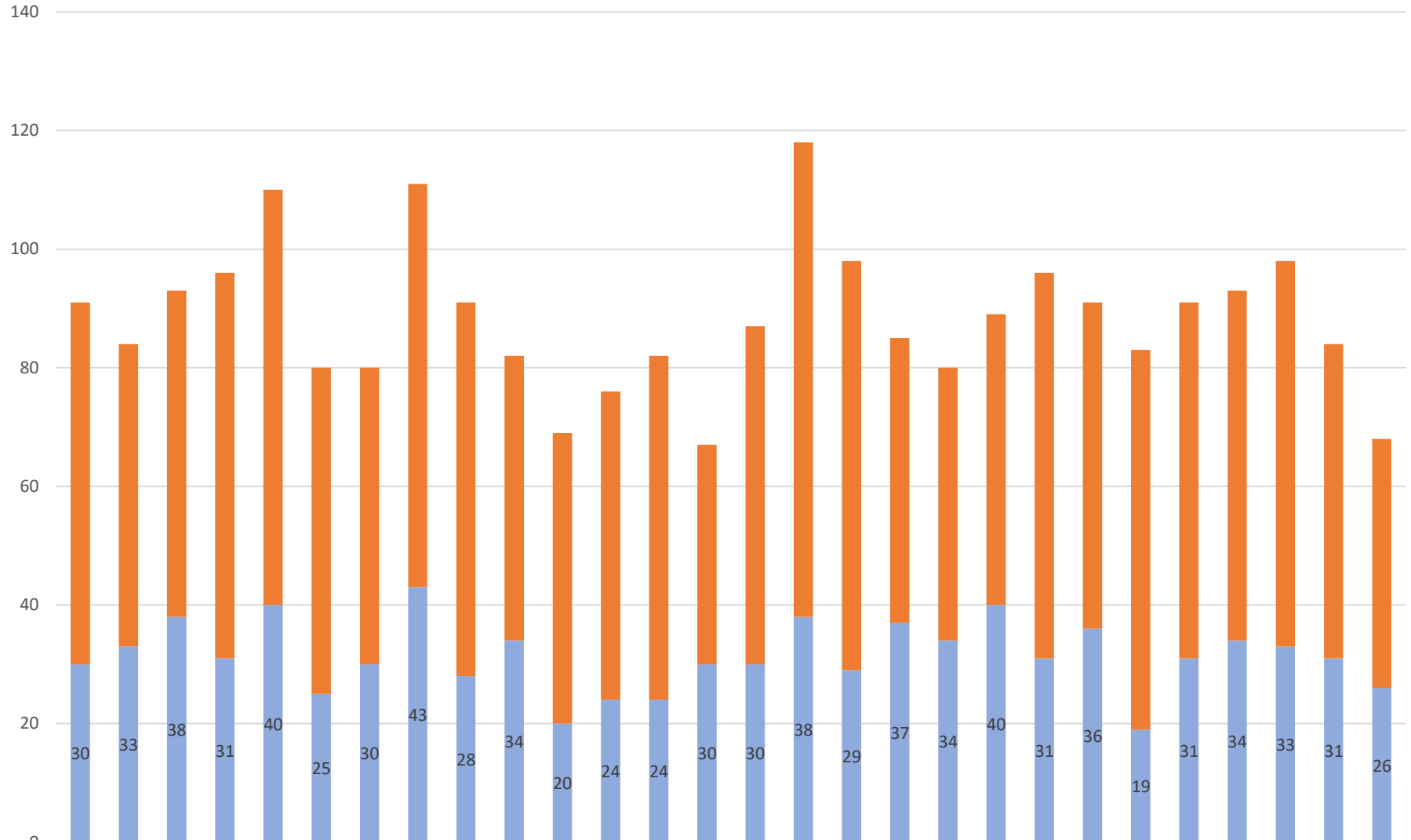
Crisis Data - dates 10/15/23 to 04/27/24



Crisis Data: Ages 0-17 - dates 10/15/23 to 04/27/24

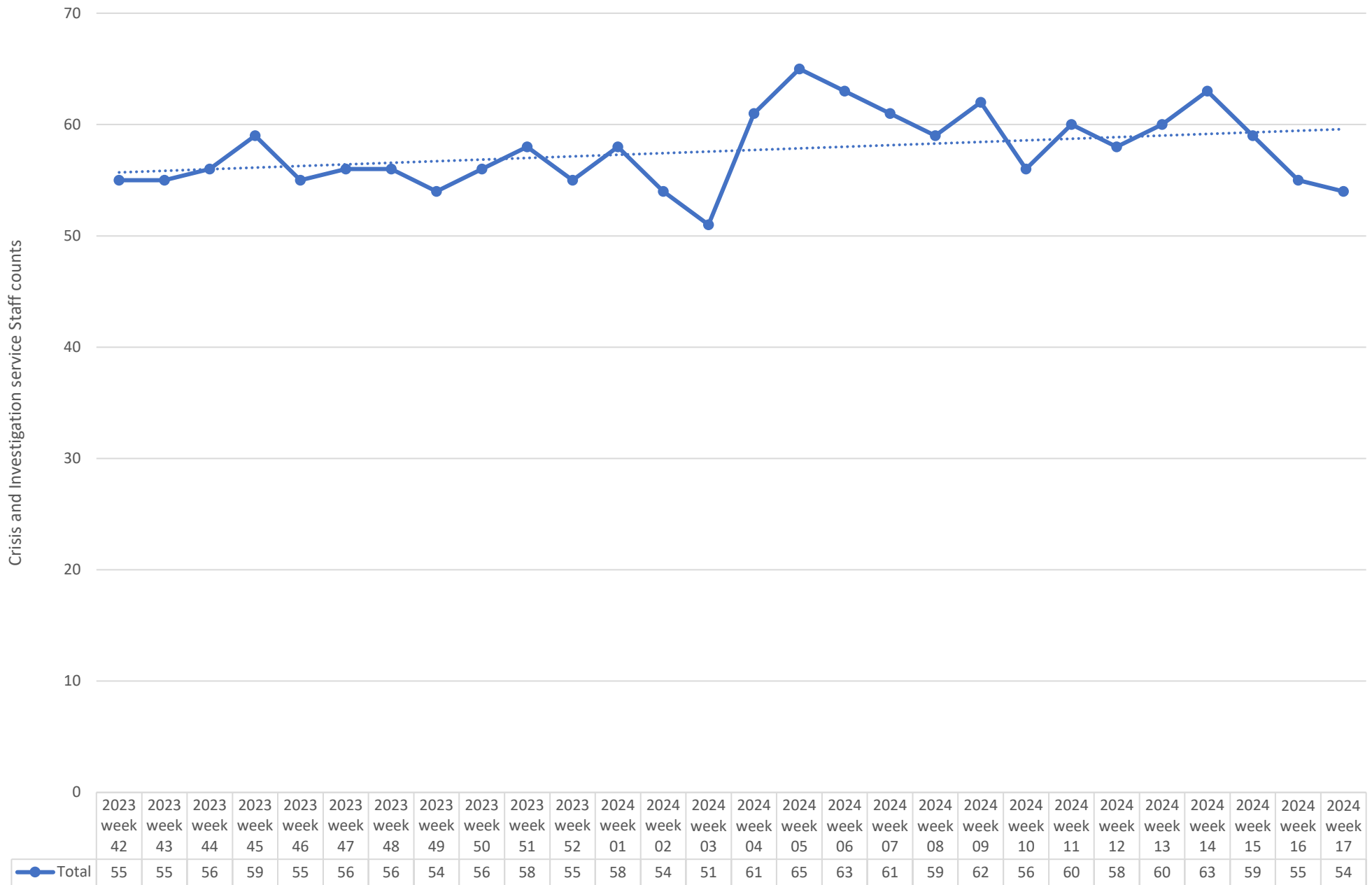


All DCR Dispatches - dates 10/15/23 to 04/27/24



dispatch resulting in other outcome	61	51	55	65	70	55	50	68	63	48	49	52	58	37	57	80	69	48	46	49	65	55	64	60	59	65	53	42
dispatch resulting in detention	30	33	38	31	40	25	30	43	28	34	20	24	24	30	30	38	29	37	34	40	31	36	19	31	34	33	31	26

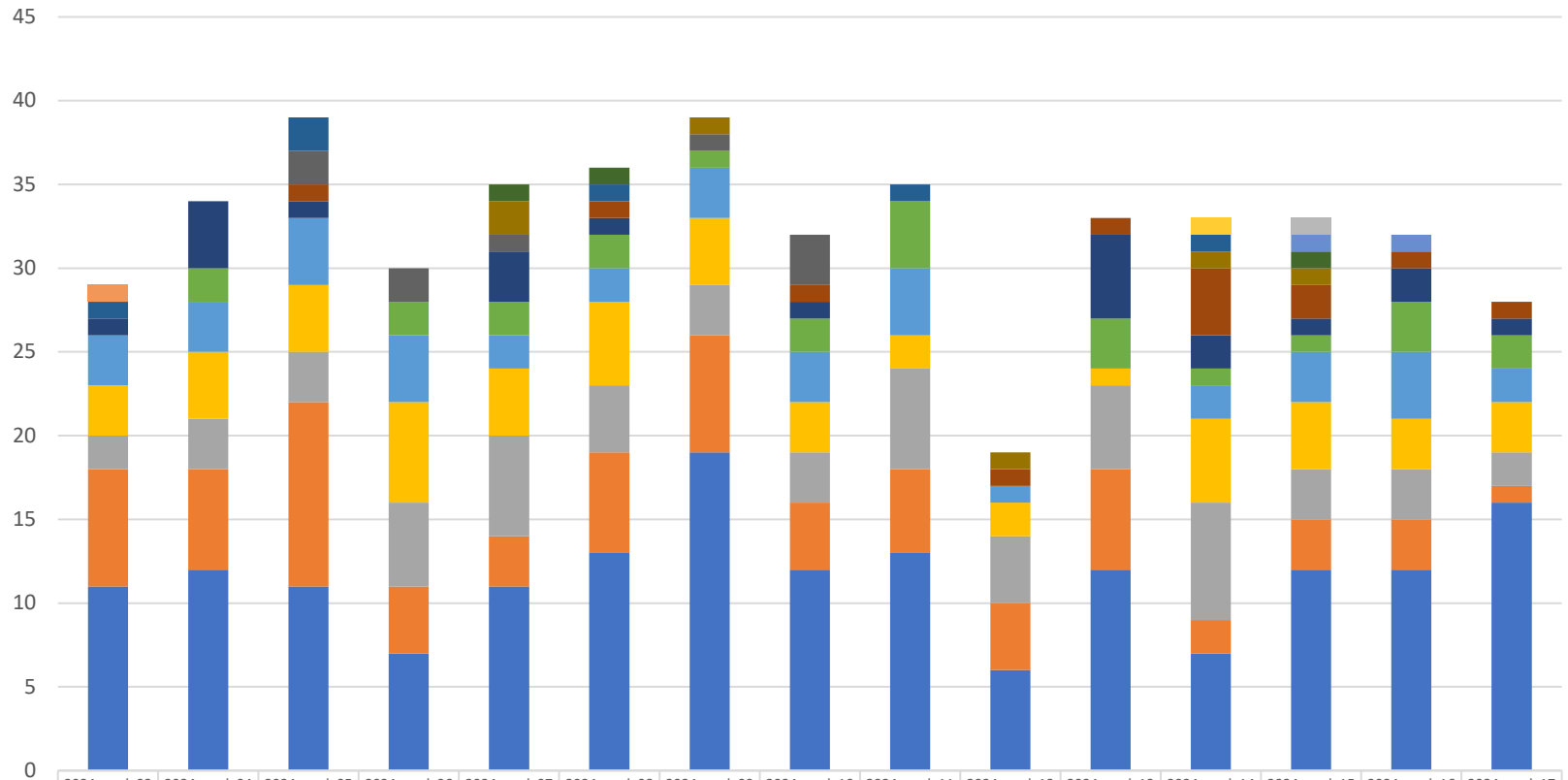
Weekly Staff Count - Staff providing Crisis or Investigation services 10/15/23 to 04/27/24



2024 week 17 ending 01/00/00

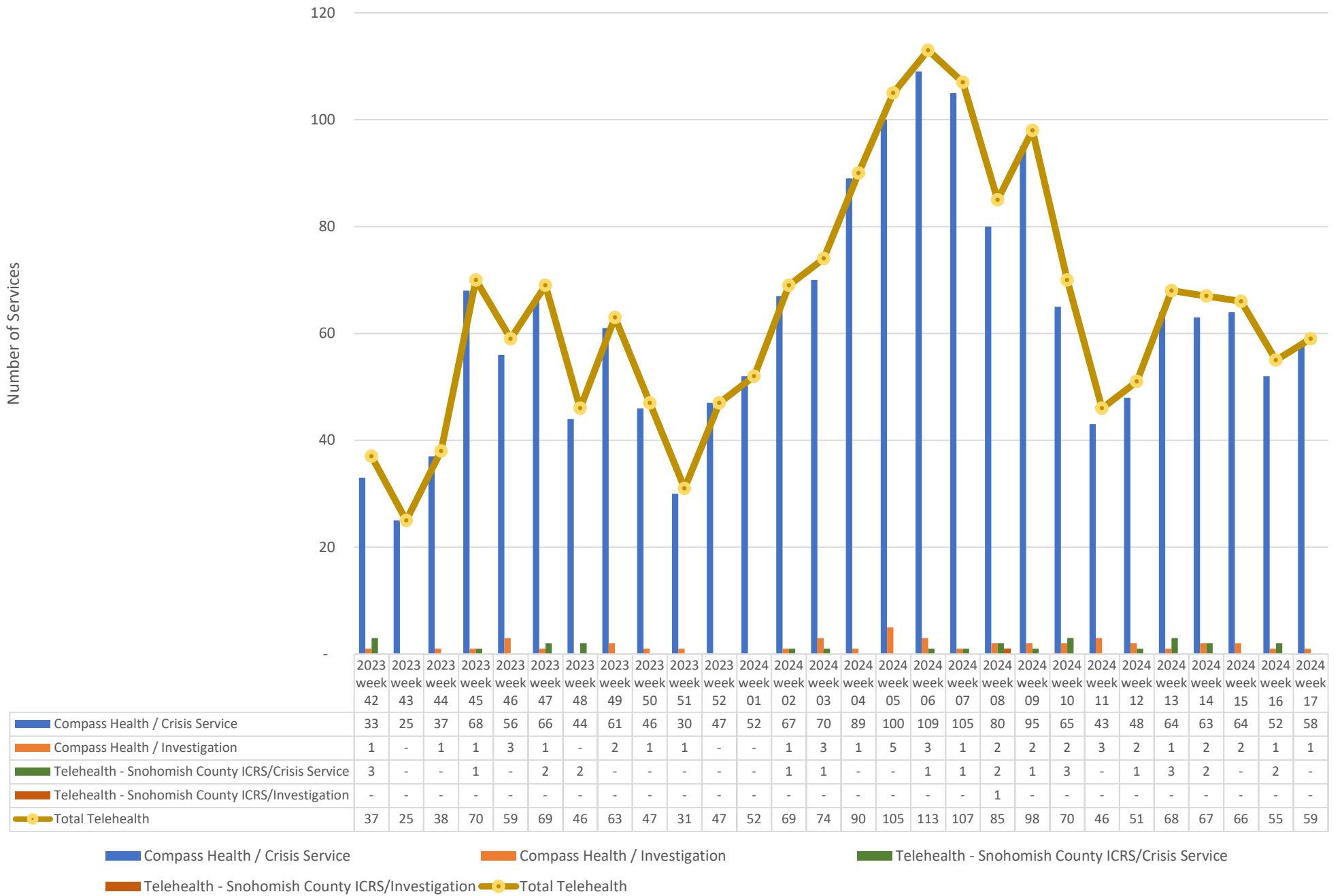
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

Count of hospital placement locations in the dispatch record

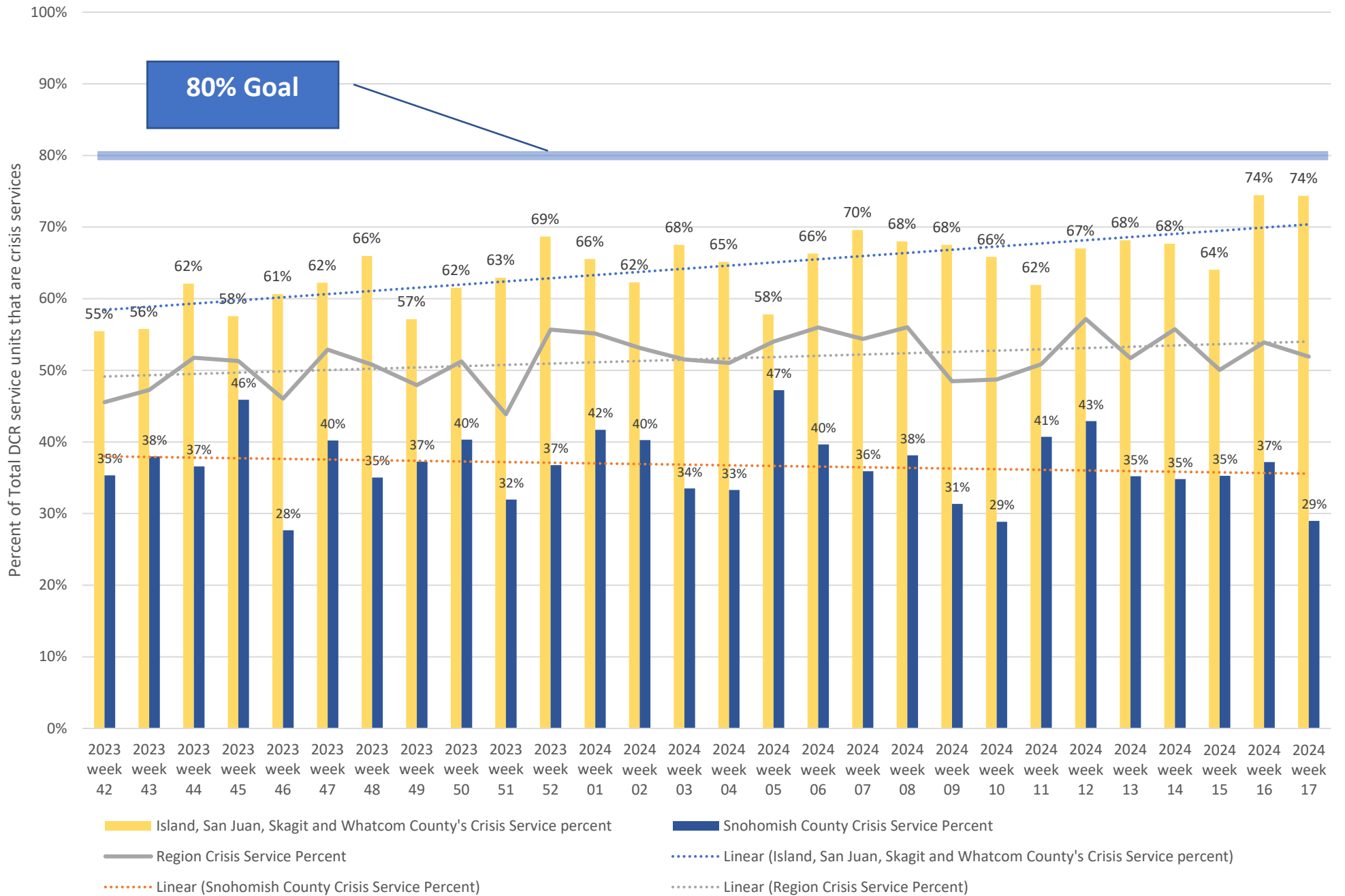


	2024 week 03	2024 week 04	2024 week 05	2024 week 06	2024 week 07	2024 week 08	2024 week 09	2024 week 10	2024 week 11	2024 week 12	2024 week 13	2024 week 14	2024 week 15	2024 week 16	2024 week 17
South Sound Vest Thurston												1			
Multicare Behavioral Health Inpatient Services - Auburn													1		
Valley Cities Counseling And Consultation	1														
SWEDISH MEDICAL CENTER CHERRY HILL													1	1	
Western State					1	1							1		
Swedish Mill Creek	1		2			1			1			1			
VALLEY GENERAL HOSPITAL					2		1			1			1		
Telecare North Sound Evaluation and Treatment			2	2	1		1	3							
ABHS Chehalis			1			1		1		1	1	4	2	1	1
Mukilteo	1	4	1		3	1		1			5	2	1	2	1
BHC Fairfax Hospital INC		2		2	2	2	1	2	4		3	1	1	3	2
SMOKEY POINT BEHAVIORAL HOSPITAL	3	3	4	4	2	2	3	3	4	1		2	3	4	2
Skagit Valley Hospital	3	4	4	6	4	5	4	3	2	2	1	5	4	3	3
SWEDISH EDMONDS	2	3	3	5	6	4	3	3	6	4	5	7	3	3	2
Peacehealth Bellingham	7	6	11	4	3	6	7	4	5	4	6	2	3	3	1
Providence Everett	11	12	11	7	11	13	19	12	13	6	12	7	12	12	16

Telehealth only, crisis and investigation services from 10/15/23 to 04/27/24



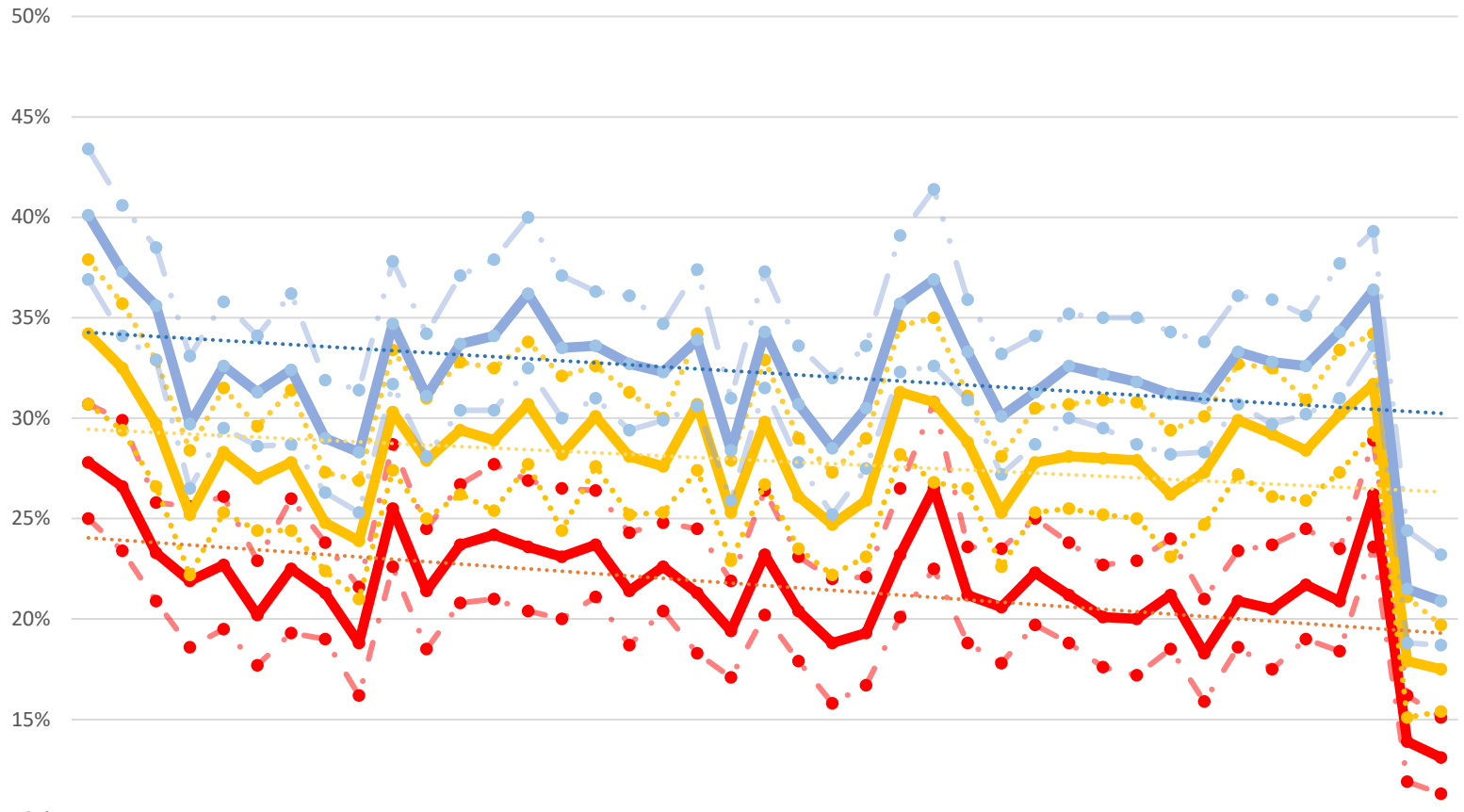
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

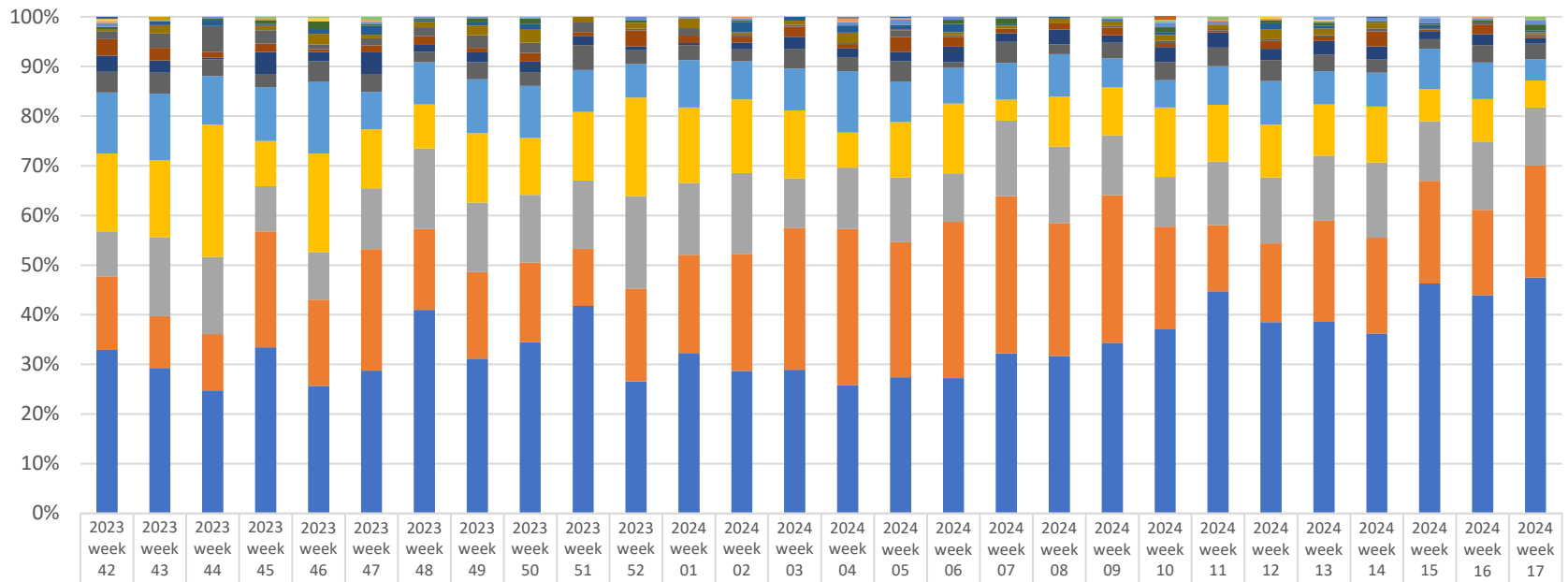
The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

<https://data.cdc.gov/NCHS/Indicator-s-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wq>



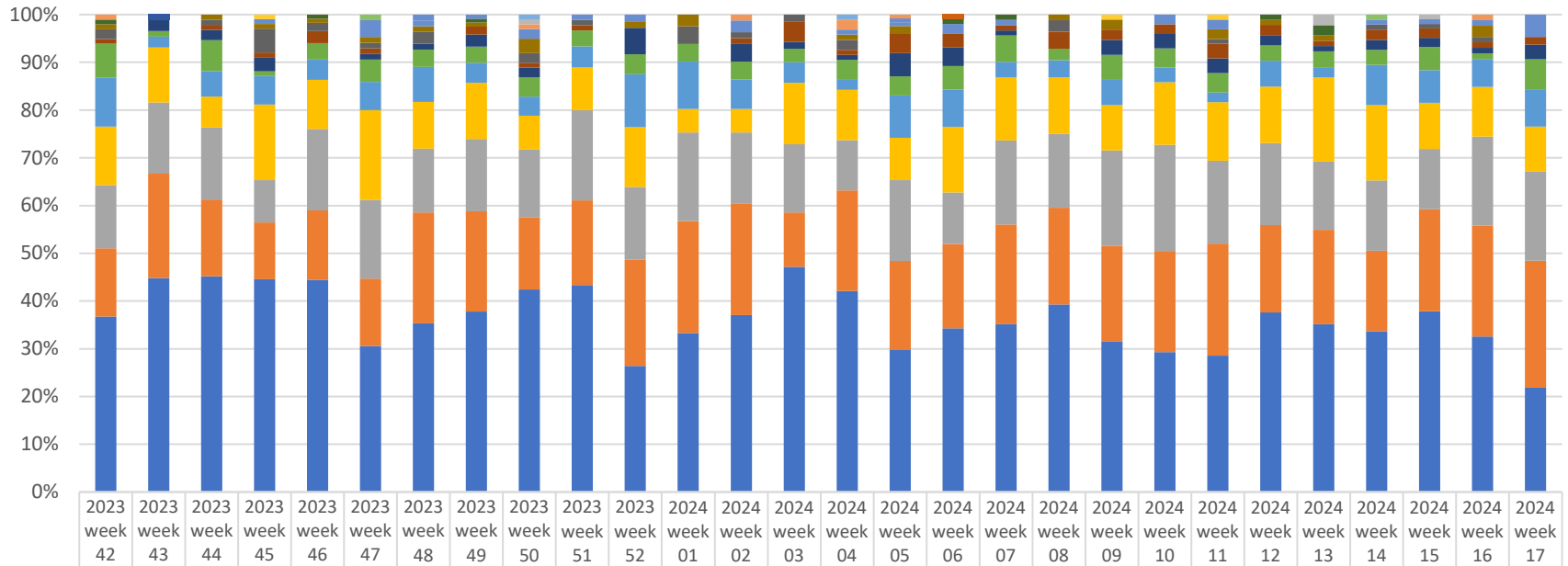
	17 Feb-01-'21	03 Mar-15-'21	17 Mar-29-'21	14 Apr-26-'21	28 Apr-10-'21	12 May-24-'21	26 May-07-'21	09 Jun-21-'21	23 Jun-05-'21	21 Jul-02-'21	04 Aug-16-'21	18 Aug-30-'21	01 Sep-13-'21	15 Sep-27-'21	29 Sep-11-'21	01 Dec-13-'21	29 Dec-10-'21	26 Jan-07-'22	02 Mar-14-'22	30 Mar-11-'22	27 Apr-09-'22	01 Jun-13-'22	29 Jun-11-'22	27 Jul-08-'22	14 Sep-26-'22	05 Oct-17-'22	02 Nov-14-'22	09 Dec-19-'22	04 Jan-16-'23	01 Feb-13-'23	01 Mar-13-'23	29 Mar-10-'23	26 Apr-08-'23	07 Jun-19-'23	28 Jun-10-'23	26 Jul-07-'23	23 Aug-04-'23	20 Sep-02-'23	18 Oct-30-'23	09 Jan-05-'24	06 Feb-04-'24			
% with Symp. of Depr. Dsrdr low conf.	25%	23%	21%	19%	20%	18%	19%	19%	16%	23%	19%	21%	21%	20%	20%	21%	19%	20%	18%	17%	20%	23%	19%	18%	16%	17%	20%	23%	19%	18%	20%	19%	17%	19%	16%	19%	18%	21%	21%	22%	21%	26%	14%	13%
% with Symp. of Depr. Dsrdr value	28%	27%	23%	22%	23%	20%	23%	21%	19%	26%	21%	24%	24%	24%	23%	24%	21%	23%	21%	19%	23%	20%	19%	19%	23%	27%	21%	21%	22%	21%	20%	20%	21%	18%	21%	21%	21%	22%	21%	26%	14%	13%		
% with Symp. of Depr. Dsrdr high conf.	31%	30%	26%	26%	26%	23%	26%	24%	22%	29%	25%	27%	28%	27%	27%	26%	24%	25%	25%	22%	26%	23%	22%	22%	27%	31%	24%	24%	25%	24%	23%	23%	24%	21%	23%	24%	25%	24%	29%	16%	15%			
% with Symp. of Anxiety Dsrdr low conf.	31%	29%	27%	22%	25%	24%	24%	22%	21%	27%	25%	26%	25%	28%	24%	28%	25%	25%	27%	23%	27%	24%	22%	23%	28%	27%	27%	27%	23%	25%	26%	25%	25%	23%	25%	27%	26%	26%	27%	29%	15%	15%		
% with Symp. of Anxiety Dsrdr value	34%	33%	30%	25%	28%	27%	28%	25%	24%	30%	28%	29%	29%	31%	28%	30%	28%	28%	31%	25%	30%	26%	25%	26%	31%	27%	29%	25%	28%	28%	28%	28%	28%	26%	27%	30%	29%	28%	30%	32%	18%	18%		
% with Symp. of Anxiety Dsrdr high conf.	38%	36%	33%	28%	32%	30%	31%	27%	27%	33%	31%	33%	33%	34%	32%	33%	31%	30%	34%	28%	33%	29%	27%	29%	35%	35%	31%	28%	31%	31%	31%	29%	30%	30%	33%	33%	33%	31%	33%	34%	21%	20%		
% with Symp. of Anxiety or Depr. Dsrdr low conf.	37%	34%	33%	27%	30%	29%	29%	26%	25%	32%	28%	30%	30%	33%	30%	31%	29%	30%	31%	26%	32%	28%	25%	28%	32%	33%	31%	27%	29%	30%	30%	29%	28%	28%	31%	31%	30%	30%	31%	34%	19%	19%		
% with Symp. of Anxiety or Depr. Dsrdr value	40%	37%	36%	30%	33%	31%	32%	29%	28%	35%	31%	34%	34%	36%	34%	34%	33%	32%	34%	28%	34%	31%	29%	31%	36%	37%	33%	30%	31%	33%	32%	32%	31%	31%	33%	33%	33%	34%	36%	22%	21%			
% with Symp. of Anxiety or Depr. Dsrdr high conf.	43%	41%	39%	33%	36%	34%	36%	32%	31%	38%	34%	37%	38%	40%	37%	36%	36%	35%	37%	31%	37%	34%	32%	34%	39%	41%	36%	33%	34%	35%	35%	35%	34%	34%	36%	36%	35%	38%	39%	24%	23%			

Place of Service -Crisis Services, percent of total by week



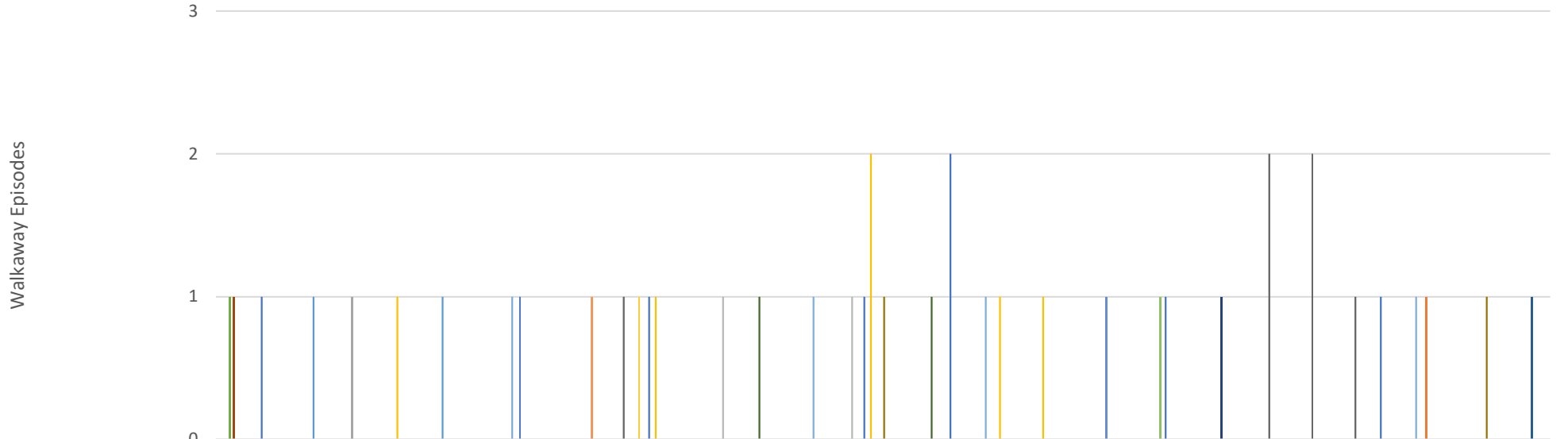
	2023 week 42	2023 week 43	2023 week 44	2023 week 45	2023 week 46	2023 week 47	2023 week 48	2023 week 49	2023 week 50	2023 week 51	2023 week 52	2024 week 01	2024 week 02	2024 week 03	2024 week 04	2024 week 05	2024 week 06	2024 week 07	2024 week 08	2024 week 09	2024 week 10	2024 week 11	2024 week 12	2024 week 13	2024 week 14	2024 week 15	2024 week 16	2024 week 17	
Residential SUD		1																											
Indian Health Service Free-standing Facility															1														
Temporary Lodging																						2							
Custodial Care Facility	1															1									1				
On Campus Outpatient Hospital		1			1																	1						1	
Skilled Nursing Facility									1													1				1			
Community Mental Health Center	1				2																		1	1					
Nursing Facility				1		2															1		2					1	
Psych. Residential	1			1		1							1		2	1						1	1				1		
Group Home	2		1			1	1	1			2	1	1		2	4	2	1			1	3	2		1	2	3	1	2
Unassigned	1		1	2	5	1	1	3	3		1		1				3	4			3		2	2	1	1	1	3	
School		2	4	1	3	5	1	2	3				6	2	4	3	6	1	1	1	2		4	2		2		1	
Homeless Shelter	1	4		3	7	2	3	7	8	3	3	5	2	2	6	1	2	2	3	3	4	3	6	4	4			1	
Assisted Living Facility	4	7	17	8	3	4	5	9	6	5	1	4	1	1	1	5	1			1	2	1	1	1	2	1	2	1	
Inpatient Hospital	8	6	4	5	2	4	5	3	5	2	8	4	3	5	2	11	7	3	4	5	2	1	5	3	10	1	6	1	
Inpatient Psychiatric Facility	8	6	1	13	6	12	4	7	6	5	2	1	4	6	5	7	11	6	9	5	10	10	7	9	9	9	5	7	3
Prison Correctional Facility	10	10	11	8	13	10	6	12	8	13	7	8	7	10	8	15	4	14	6	10	12	12	13	11	9	6	11	8	
Emergency Room Hospital	30	32	32	32	47	21	24	38	30	22	17	25	22	21	35	30	25	25	26	19	18	25	27	22	23	25	23	11	
Other Place of Service	38	37	87	27	64	33	25	49	33	36	50	40	43	34	20	41	49	14	31	31	46	37	33	34	38	20	27	14	
Home	22	38	51	27	31	34	46	49	39	36	47	38	47	25	35	48	34	51	47	39	33	41	41	43	51	37	43	30	
Telehealth	36	25	37	69	56	68	46	61	46	30	47	52	68	71	89	100	110	106	82	96	68	43	49	67	65	64	54	58	
Office	80	70	81	99	83	80	116	109	99	109	67	85	83	72	73	101	95	108	97	111	122	144	119	127	122	143	138	122	

Place of Service -Investigations, percent of total by week



	2023 week 42	2023 week 43	2023 week 44	2023 week 45	2023 week 46	2023 week 47	2023 week 48	2023 week 49	2023 week 50	2023 week 51	2023 week 52	2024 week 01	2024 week 02	2024 week 03	2024 week 04	2024 week 05	2024 week 06	2024 week 07	2024 week 08	2024 week 09	2024 week 10	2024 week 11	2024 week 12	2024 week 13	2024 week 14	2024 week 15	2024 week 16	2024 week 17
Public Health Clinic																	1											
Residential SUD		1																										
Custodial Care Facility						1																			1			
School									1						1													
Nursing Facility				1																1		1						
Skilled Nursing Facility									1															2		1		
Psych. Residential	1								1				1		2	1											1	
Homeless Shelter							1	1		1	1					1						2						
Community Mental Health Center	1				1			1									1	1					1	2				
Unassigned				1		3	1		2				2		1	1	2	1			2				1	1	1	3
Assisted Living Facility	1		1	1	1	1	1	1	3		1	2			1	2			1	2			1	1			2	
Office	2		1	5	2	1	2		2	1		3	1	1	2				2			1			1	1	1	
Telehealth	1		1	1	3	1		2	1	1			1	3	1	5	3	1	3	2	2	3	2	1	2	2	1	1
Group Home		2	2	3		1	1	3	2		4		3	1	1	6	4	1		3	3	3	2	1	2	2	1	2
Other Place of Service	7	1	6	1	4	4	3	4	4	3	3	3	3	2	4	5	5	5	2	5	4	4	3	3	3	5	1	4
Inpatient Hospital	10	2	5	6	5	5	6	5	4	4	8	8	5	3	2	11	8	3	3	5	3	2	5	2	8	7	5	5
Inpatient Psychiatric Facility	12	10	6	16	12	16	8	14	7	8	9	4	4	9	10	11	14	12	10	9	13	12	11	16	15	10	9	6
Prison Correctional Facility	13	13	14	9	20	14	11	18	14	17	11	15	12	10	10	21	11	16	13	19	22	17	16	13	14	13	16	12
Home	14	19	15	12	17	12	19	25	15	16	16	19	19	8	20	23	18	19	17	19	21	23	17	18	16	22	20	17
Emergency Room Hospital	36	39	42	45	52	26	29	45	42	39	19	27	30	33	40	37	35	32	33	30	29	28	35	32	32	39	28	14

North Sound BH ASO Walkaway Chart 10/15/23 to 04/27/24



	2022 Week 48	2022 Week 49	2022 Week 50	2022 Week 51	2022 Week 53	2023 Week 02	2023 Week 04	2023 Week 05	2023 Week 10	2023 Week 11	2023 Week 13	2023 Week 15	2023 Week 17	2023 Week 19	2023 Week 20	2023 Week 22	2023 Week 24	2023 Week 27	2023 Week 28	2023 Week 29	2023 Week 30	2023 Week 35	2023 Week 36	2023 Week 43	2023 Week 47	2023 Week 48	2023 Week 49	2023 Week 51	2024 Week 03	2024 Week 08	2024 Week 12
Cascade Valley Hospital		1						1			1					1		2					1					1			
Island Co Jail																													1		
Island Health				1																											
Island Hospital					1						1					2			1	1											
Peace Health United			1			1																									
Peace Island Health	1																														
Peace Island Medical																								1							
Providence, Everett	1																														
Skagit Valley										1															2	2	1				
St Joes																1														1	
St Joseph																															1
St. Joes													1					1													
St. Joes, Peace Health																						1									
St. Joseph Medical Center									1																						
St. Josephs												1			1																
St. Joseph's Hospital										1																					
United General							1							1														1			
Whidbey Medical Center																							1								